



High School Girls Summer Volleyball League 2026 RULES AND INFORMATION SHEET

1. Gold, Silver, and Bronze League Games will be held on Monday evenings at the Onalaska Omni Center (255 Riders Club Rd., Onalaska, WI 54650).
2. 2026 WIAA High School rules apply. Two 30-second timeouts. No substitution limits. Balls provided.
3. **Only registered players listed on the team roster are allowed to play for that specific team. No switching teams or playing for multiple teams from the same school. Violation of this will be automatic loss of all games in which an illegal player was used.**
 - a. League open to: exclusively females entering grades 9-12 in the fall of 2026. No exceptions for younger or older players. Incoming 8th graders CANNOT play.
 - b. Players are required to sign-in prior to the match (if requested).
 - c. Players must be registered, have all fees paid and must wear the current season's league T-shirt to be eligible to play (extra shirts are available for \$10).
4. Game Time: Games will start exactly at the time stated on the schedule. Warm-up time is NOT guaranteed. It is allowed when the court becomes available, prior to the scheduled start time.
 - a. Teams will be allowed a 5-minute grace period to begin the first game of the match. If 4 players on either team are not present and ready to play after 10 minutes, the first game will be recoded as a forfeit. The 2nd game is forfeit after 15 minutes, and the 3rd game after 20 minutes.
5. Scoring: Sets 1 and 2 are played rally scoring to 25 and the 3rd set will be played to 15, all games win by one. Coaches verify your final team scores are recorded properly by your referee.
6. Team Forfeits and No-Shows: Teams not able to make a game night should always contact the OPPOSING MANAGER AND Holmen Park & Recreation at least 3 days before the game date. This allows us enough time to contact the other team and possibly set-up double headers for teams to fill the empty time slot. Phone numbers are all listed on the team contact sheet.
 - a. All forfeits will be counted as 3 losses for the forfeiting team and 3 wins for the team that did not forfeit. If a team fills in for another, the results will not count against either team in the standings, only the forfeit will be listed in the standings.
 - b. If a team does not show, without warning, there is a set amount of time allotted before we will call forfeit. 1st set forfeited after 10 minutes, 2nd set after 15 minutes, and 3rd set after 20 minutes.
 - c. Please note – we prefer you play with 4 or 5 players instead of forfeiting
7. Standings & Awards: Standings will be determined by the LEAST NUMBER OF LOSSES (not most wins). First & Second place teams in each division/pool will receive medals. If two teams are tied criteria: 1) head to head Win/Loss record, 2) head to head points scored/allowed in all games. If more than two teams are tied criteria: 1) Win/Loss record against tied teams, 2) total points scored/allowed against tied teams, only the results of the forfeit
8. Any questions or concerns in should be taken up with League Supervisor for that division. Thank you and have a fun summer!

